



March For a Healthier You

Saturday, March 9 | 9 am - 11 am
Heritage Park - 1701 Bayou Lane, Slidell LA

Join Slidell Memorial Hospital and the Members of Healthier Northshore for a walk event featuring health education, free screenings, and prizes! Our free offerings include:

- FREE mammograms on STHS's Be Well Bus
- Colorectal cancer education
- Stroke education
- Heart health, blood pressure screenings
- Nutrition/blender bike
- Diabetes education
- Mental health education
- Addiction recovery resources

For more information and to register for this FREE event please call 985-280-8529.



Learn more at
HealthierNorthshore.health